## Tuesday of the Second Week of Lent – St. Gregory of Narek.

Readings: Isaiah 1.10, 16-20 – Mixing and cleansing; Matthew 23.1-12 – Externals.

Reality: Rabbi Heschel wrote: "Religion declined not because it was refuted, but because it became irrelevant, dull, and oppressive. When faith is completely replaced by creed, worship by discipline, love by habit; when the crisis of today is ignored because of the splendor of the past; when faith becomes an heirloom rather than a living fountain; when prayer is forgotten and is replaced by routine; when religion speaks only in the name of authority, rather than the voice of compassion, its message becomes meaningless." (I Asked for Wonder, p. 39).

Prayer: Lord, help us to put aside the mindless repetition of words. Give us the course to dig deeper into the soil of our true and authentic selves to discover your presence.